

Trim N Tone Membership Form – 2026

All TNT members shall pay annual dues of \$40, payable by check to TNT, due January 1st of each calendar year.

New members detach the bottom portion of this page and return it with annual dues check for current year to the check-in table prior to any class.

Two options for new member payment to accompany tear-off below:

\$40 annual dues for 2026 may be combined with \$35 for unlimited classes for that month (payable by check only to TNT combined into one check for \$75). OR

\$40 annual dues for 2026 payable by check only to TNT and then \$7 by check only per class for the pay-as-you-go option.



Detach the lower portion and turn in with your check. Please print legibly.

Name _____

Street Address (SCPD) _____

Phone # _____

Email _____

(Email is our primary means of communication. TNT will not share your email).

Submitting this form acknowledges that I have received the membership package and signed the Waiver & Release of Liability form

Check-in reps fill in: Check # _____ Check amount _____ Date _____

Additional Notes

Classes Start Promptly

Members must check-in at the check-in table before entering class.

Please remember, classes start promptly as scheduled. *Late entry will not be permitted.* Tardiness is a safety issue, and we appreciate your being on time. There is no admittance once the doors are closed, and music has started.

Reminders:

Please do not enter the Dance Studio before the current class finishes.

Gym bags are not permitted on the Studio floor. Please put jackets, purses, etc. on the side benches or in the cubbies.

Rubber soled shoes only; no sandals or open back shoes.

Please refrain from talking/socializing during class. It is a distraction to others and makes it difficult for class instruction to be heard.

Water should be in an enclosed unbreakable container.

Mats, weights, & bands are provided. All equipment should be returned to its proper storage area.

Please refrain from wearing any scented lotion, deodorant, hair spray or perfume to class.

These basic rules of Dance Studio Etiquette will benefit all TNT members and guests.

From Our President:

Enjoy yourself at Trim 'N Tone. We are a club full of active, vital, and interesting people.

In addition to our exercise benefits, we have the added advantage of a variety of social activities. Get to know your fellow members through monthly coffees, theme lunches and an assortment of other fun events. We are happy you have joined us and look forward to getting to know you.

Please visit our Trim N Tone website for additional information: www.trimntone.scpdcaclubs.com

Rozzie Perlmuth, President

818-521-8848

November 1, 2025